



## FEATURED QUESTIONS

Roy G. Guzmán: How can storytelling and poetry help our communities heal?

Heid Erdrich: Whose stories are represented, who gets to tell them, and to whom?

Daniel Alexander Jones: How are you as an artist being called to your work differently right now?

## TO DISCUSS

Do you find yourself turning to art in difficult times? Why or why not? If yes, what kinds of art— whether literature, music, theatre, or visual, or something else—do you find most healing?

How does healing manifest, physically or emotionally, when you experience art?

Roy, Heid, Daniel, and Sarah all touched on themes of resilience, and how art-making doesn't diminish or erase pain, but rather can be an act of resilience, and even resistance. How might this healing manifest differently for the storyteller and the reader/listener?

After hearing these artists' practices in storytelling and art making, how might you apply some of these tools to healing in your own life?

What would it take to recreate the narrative around Minneapolis? What would that narrative be?

Think about your immediate community around you. What are some of the experiences that need to be told and held by narrative? What are some of the dominant narratives that are told in your community that might not fully include the entire community's experiences?

How does witnessing lead to healing? Similarly, what is the role of testimonial in healing?

What is the difference between being a witness and being a spectator?

Can you think of a time when you were a spectator, when you would have liked to be a witness? How would you respond differently now?

An audience member brought this quote into the conversation: "Share from your scars, not from your open wounds." Do you agree? Why or why not?

Sarah Bellamy said at the end of the conversation, "This pause is recalibrating. There are powerful lessons that I think we'll learn from this moment." What kind of lessons do you see emerging around you and in your community?